

**PCT**WORLD INTELLECTUAL PROPERTY ORGANIZATION  
International Bureau

## INTERNATIONAL APPLICATION PUBLISHED UNDER THE PATENT COOPERATION TREATY (PCT)

(51) International Patent Classification <sup>6</sup> : <b>A61K 31/095, 31/355, 31/195, 31/66</b>		<b>A1</b>	(11) International Publication Number: <b>WO 98/33495</b> (43) International Publication Date: 6 August 1998 (06.08.98)
(21) International Application Number: <b>PCT/IT98/00015</b> (22) International Filing Date: 2 February 1998 (02.02.98) (30) Priority Data: RM97A000045 31 January 1997 (31.01.97) IT (71) Applicant (for all designated States except US): IDI FARMA-CEUTICI S.P.A. [IT/IT]; Via dei Castelli Romani, 83/85, I-00040 Pomezia (IT). (72) Inventors; and (75) Inventors/Applicants (for US only): PASSI, Siro [IT/IT]; Via Etna, 7, I-00141 Roma (IT). GUARNIERI, Decimo [IT/IT]; Via dei Castelli Romani, 83/85, I-00040 Pomezia (IT). CARBONE, Santo [IT/IT]; Via Stradella, 169, I-04100 Latina (IT). (74) Agents: BORRINI, Stefano et al.; Società Italiana Brevetti S.p.A., Piazza di Pietra, 39, I-00186 Roma (IT).			(81) Designated States: AL, AM, AT, AU, AZ, BA, BB, BG, BR, BY, CA, CH, CN, CU, CZ, DE, DK, EE, ES, FI, GB, GE, GH, GM, GW, HU, ID, IL, IS, JP, KE, KG, KP, KR, KZ, LC, LK, LR, LS, LT, LU, LV, MD, MG, MK, MN, MW, MX, NO, NZ, PL, PT, RO, RU, SD, SE, SG, SI, SK, SL, TJ, TM, TR, TT, UA, UG, US, UZ, VN, YU, ZW, ARIPO patent (GH, GM, KE, LS, MW, SD, SZ, UG, ZW), Eurasian patent (AM, AZ, BY, KG, KZ, MD, RU, TJ, TM), European patent (AT, BE, CH, DE, DK, ES, FI, FR, GB, GR, IE, IT, LU, MC, NL, PT, SE), OAPI patent (BF, BJ, CF, CG, CI, CM, GA, GN, ML, MR, NE, SN, TD, TG).  <b>Published</b> <i>With international search report.</i> <i>Before the expiration of the time limit for amending the claims and to be republished in the event of the receipt of amendments.</i>
(54) Title: COMPOSITION OF A DIETARY PRODUCT THAT IS EFFECTIVE TO COMBAT OXIDATIVE STRESS AND CELL DECAY			
(57) Abstract <p>The present invention relates to a dietary product comprising ubiquinone, stabilised vitamin E, phospholipids, selenium in an organic form and L-methionin, which is effective to combat cell oxidative stress even to the extreme consequences thereof, for example cell decay, acquired and/or congenital immunodeficiency or other alterations in the immune system. The dietary product object of the present invention is also effective as a coadjutant in the treatment of apoptosis, in mutagenesis and/or carcinogenesis, in infectious diseases of viral or bacterial origin or those deriving from other external pathogens, in myelinic and skin diseases, in cardiovascular diseases and in allergies.</p>			

**FOR THE PURPOSES OF INFORMATION ONLY**

Codes used to identify States party to the PCT on the front pages of pamphlets publishing international applications under the PCT.

AL	Albania	ES	Spain	LS	Lesotho	SI	Slovenia
AM	Armenia	FI	Finland	LT	Lithuania	SK	Slovakia
AT	Austria	FR	France	LU	Luxembourg	SN	Senegal
AU	Australia	GA	Gabon	LV	Latvia	SZ	Swaziland
AZ	Azerbaijan	GB	United Kingdom	MC	Monaco	TD	Chad
BA	Bosnia and Herzegovina	GE	Georgia	MD	Republic of Moldova	TG	Togo
BB	Barbados	GH	Ghana	MG	Madagascar	TJ	Tajikistan
BE	Belgium	GN	Guinea	MK	The former Yugoslav Republic of Macedonia	TM	Turkmenistan
BF	Burkina Faso	GR	Greece	ML	Mali	TR	Turkey
BG	Bulgaria	HU	Hungary	MN	Mongolia	TT	Trinidad and Tobago
BJ	Benin	IE	Ireland	MR	Mauritania	UA	Ukraine
BR	Brazil	IL	Israel	MW	Malawi	UG	Uganda
BY	Belarus	IS	Iceland	MX	Mexico	US	United States of America
CA	Canada	IT	Italy	NE	Niger	UZ	Uzbekistan
CF	Central African Republic	JP	Japan	NL	Netherlands	VN	Viet Nam
CG	Congo	KE	Kenya	NO	Norway	YU	Yugoslavia
CH	Switzerland	KG	Kyrgyzstan	NZ	New Zealand	ZW	Zimbabwe
CI	Côte d'Ivoire	KP	Democratic People's Republic of Korea	PL	Poland		
CM	Cameroon	KR	Republic of Korea	PT	Portugal		
CN	China	KZ	Kazakhstan	RO	Romania		
CU	Cuba	LC	Saint Lucia	RU	Russian Federation		
CZ	Czech Republic	LI	Liechtenstein	SD	Sudan		
DE	Germany	LK	Sri Lanka	SE	Sweden		
DK	Denmark	LR	Liberia	SG	Singapore		
EE	Estonia						

- 1 -

COMPOSITION OF A DIETARY PRODUCT THAT IS EFFECTIVE TO  
COMBAT OXIDATIVE STRESS AND CELL DECAY

DESCRIPTION

The cell antioxidant pool is essentially made up of  
5 enzymatic antioxidants (Cu-Zn, superoxide dismutase -  
SOD, glutathione peroxidase-GSH-Px, catalase-CAT), of  
non-enzymatic lipophilic (RRR- $\alpha$ -tocopherol-vitamin E and  
ubiquinol-CoQ<sub>10</sub>H<sub>2</sub>-) and hydrophilic (glutathion-GSH,  
urates, albumin) antioxidants and of proteic transition  
10 metal ion sequestering agents (ferritin, transferrin,  
ceruloplasmin) (see bibliographic references 1-7).

Each molecule has a specific biological function:  
for example the vitamin E and the ubiquinol are  
concentrated in the cell and sub-cell membranes with the  
15 main role of inhibiting lipo-peroxidation induced by  
oxygen reactive species (ROS) and other radicals on the  
unsaturated structures of the membranes, in particular  
the polyunsaturated fatty acids (PUFA); SOD, GSG-Px and  
CAT are responsible for removal of O<sub>2</sub> and H<sub>2</sub>O<sub>2</sub>,  
20 respectively.

Human cells have an antioxidant pool sufficient to  
counteract the normal physiological production of oxygen  
reactive species (ROS) and other free radicals; however  
the naturally present antioxidant pool is not capable of  
25 counteracting an increase in generation of ROS; in these  
cases, so-called "oxidative stress" occurs (see  
bibliographic reference 2).

From the above it can be seen that the insurgence of  
"oxidative stress" can be caused by two phenomena: the  
30 first is the lack of antioxidant molecules, and the  
second is the uncontrolled increase of oxygen reactive  
species (ROS) and free radicals, which are able to cause  
irreversible oxidation not only of the polyunsaturated  
fatty acids (PUFA), but also of proteins, nucleic acids  
35 and sugars. Oxidative stress is present to a varied  
extent in a number of serious diseases in man: while this  
does not mean that oxidative stress is the cause of these

-2-

diseases, it does testify, as confirmed by a number of studies, that oxidative stress can have a negative influence on the progress of said diseases, causing further damage to the cells of an organism that is already sick (see bibliography and references 1 and 2).

It has now surprisingly been found that a dietary product comprising ubiquinone (CoQ<sub>10</sub>), stabilised vitamin E, phospholipids, selenium of organic origin and L-methionin, by acting both on the cell wall reconstitution mechanisms, and consequently on that of the phospholipids forming it, and on the reintegration of glutathione and glutathione peroxidase, helps to combat cellular oxidative stress in an effective manner.

Oxidative stress appears significantly involved in certain diseases with a serious social impact, such as AIDS, seborrheic dermatitis, atopic dermatitis, leprosy, multiple sclerosis, in which genetic factors, malnutrition and/or under-nourishment, an incongruous lifestyle, the use of drugs and toxic substances, have an important etiologic role. It has been found that in the blood of patients suffering from these diseases, the significant deficiency of ubiquinole-ubiquinone, vitamin E, glutathione and glutathione peroxidase (GSH and GSH-Px), which is more or less marked according to contingent conditions, is associated with a deficiency of polyunsaturated fatty acids (PUFA) in the phospholipids (see references 8-12). According to the state of the art, administration of the molecules identified above to patients suffering from seborrheic and atopic dermatitis is simply and generally described, although said administration takes place in a separate and non-homogeneous manner, and this type of administration has actually shown extremely promising results (see references 11-12).

An object of the present invention is therefore a composition comprising:

Ubiquinone

5-8%

-3-

- Stabilised vitamin E 12-15%  
 Polyunsaturated phospholipids 45-52%  
 Organic selenium 2-5%  
 (corresponding to 0.1-  
 5 3% ionic selenium)  
 L-methionin 23-32%  
 along with the usual tolerated vehicles

A further object of the present invention is a composition for a dietary product comprising:

- 10 Ubiquinone 5-8%  
 Stabilised vitamin E 12-15%  
 Polyunsaturated phospholipids 45-52%  
 Organic selenium 2-5%  
 (corresponding to 0.1-  
 15 3% ionic selenium)  
 L-methionin 23-32%  
 along with the usual pharmaceutically tolerated vehicles.

The percentages indicated are expressed as a percentage by weight with reference only to the total  
 20 weight of the active ingredients in the composition of the dietary product.

A further object of the present invention is the use of the composition for preparation of a dietary product that is effective in combating oxidative stress and cell  
 25 decay.

A further object of the present invention is the use of the composition indicated above to produce a dietary product effective as a coadjutant in the treatment of mechanisms of mutagenesis and carcinogenesis, of immuno-  
 30 deficiency mechanisms, or other alterations of the immune system, of diseases of myelinic origin or other pathologies deriving from a progressive alteration in the neurotransmission mechanisms, of skin diseases and of cardio-vascular diseases.

35 A further object of the present invention is the use of the composition mentioned above to prepare a dietary product coadjutant in the treatment of infectious

- 4 -

diseases of viral or bacterial origin, and those deriving from other external pathogens, of tuberculosis, of leprosy, of herpes simplex labialis or genitalis, of AIDS, of multiple sclerosis, of atopic dermatitis, of vitiligo, in vaccination against allergies or other alterations of the immune system, of diseases of myelinic origin or other pathologies deriving from a progressive alteration in the neurotransmission mechanisms.

The present description comprises fifteen figures which show, in graph form, the influence of administration of a composition according to the present invention to the patients who will be more clearly specified in example 3 in case of figures 1 to 9 and in example 4 in case of figures 10 to 15:

figure 1 shows the vitamin E concentration in the blood plasma versus time;

figure 2 shows the blood plasma concentration of oxidised and reduced ubiquinone (total ubiquinone) versus time;

figure 3 shows the concentration of vitamin E (expressed as micrograms of vitamin E in the lymphocytes per ml of blood) in the lymphocytes versus time;

figure 4 shows the reduced glutathione concentration in the erythrocytes versus time;

figure 5 shows the glutathione peroxidase concentration in the erythrocytes versus time;

figure 6 shows the trend of the palmitic acid concentration in the plasma versus time;

figure 7 shows the trend of the diomo- $\gamma$ -linolenic acid concentration in the plasma versus time;

figure 8 shows the trend of the arachidonic acid concentration in the plasma versus time;

figure 9 shows the trend of the docosahexanoic acid concentration in the plasma versus time;

figure 10 shows the vitamin E concentration in the blood plasma versus time in a different population of patients as those referred to in figures 1 to 9;

-5-

figure 11 shows the blood plasma concentration of total ubiquinone versus time;

figure 12 shows the concentration of vitamin E in the lymphocytes versus time;

5 figure 13 shows the reduced glutathione concentration in the erythrocytes versus time;

figure 14 shows the glutathione peroxidase concentration in the erythrocytes versus time; and

10 figure 15 shows the arachidonic acid concentration in plasma.

In the following examples concerning the production, composition and formulation of compositions for dietary products according to the present invention as well as the evaluation of the effect of its administration are

15 reported.

#### Example 1

The present example relates to the production of a pill with the following qualitative and quantitative composition:

20	Ubiquinone	mg 12.50 (6.74% by weight)
	RRR- $\alpha$ -tocopheryl acetate 50%	mg 26.65 (14.37% by weight)
	Soy lecithin	mg 90.00 (48.54% by weight)
	Selenium aspartate	mg 6.25 (3.37% by weight)
	L-methionin	mg 50.00 (26.97% by weight)
25	Other excipients to make	g 1.50

The percentages expressed refer to the total weight of the active components of the composition, without taking into account the excipients. Particularly preferred excipients are those that can be used to

30 formulate a compound that can be chewed; among said excipients it is possible to mention mannitol, cellulose, flavouring, magnesium stearate, silica. The vitamin E acetate is of the type obtained by direct compression, and it is therefore additioned with 50% of inert

35 substances suitable to help compression.

The amount of selenium aspartate indicated corresponds to 12.5  $\mu$ g of selenium in ionic form.

- 6 -

Excipients are added to the above mixture of components, which are then subjected to a further mixing stage, and following this to compression in the laboratory. Pills of 1.5 g each are obtained, with a thickness of 6 mm.

5 Example 2

Preparation of an industrial batch of pills having the same qualitative and quantitative composition described in example 1.

	Ubiquinone	kg 1.250
10	RRR- $\alpha$ -tocopheryl acetate 50%	kg 2.665
	Soy lecithin	kg 9.000
	Selenium aspartate	kg 0.625
	L-methionin	kg 5.000
	Other excipients to make	kg 150

15 To the mixture of components listed above are added the excipients (mannitol, cellulose, flavouring, magnesium stearate, silica). A further mixing stage is then performed, after which the pills are formed using an industrial press of a per se known type. Pills weighing  
20 1.5 g each and with a thickness of 6 mm are obtained.

The polyunsaturated fatty acids and the vitamin E employed in the compositions according to the present invention have been analysed by means of capillary gas chromatography-mass spectrometry (see reference 8). The  
25 ubiquinole/ubiquinone and GSH/GS-SG redox pairs by HPLC (see references 13-14); the superoxide dismutase, glutathione peroxidase and catalase activities (respectively SOD, GSH-Px and CAT) by spectrophotometry (see references 15-17) using the procedures indicated in  
30 each of the relative references. The vitamin E used in the composition of the dietary product according to the present invention was analysed both in the composition and in the blood plasma after administration, by means of HPLC on chiral phase (see bibliographic reference No.  
35 18).

Example 3



-7-

This example gives an evaluation of the effects of administration of four pills per day, with the following qualitative and quantitative composition, to a certain number of volunteers who will be further described in the following.

The composition was as follows:

Ubiquinone	mg 12.50
RRR- $\alpha$ -tocopheryl acetate 50%	mg 26.65
Soy lecithin	mg 90.00
10 Selenium aspartate	mg 6.25
L-methionin	mg 50.00
Other excipients to make	<del>g 1.50</del>

The pills were administered daily during meals, for one month to 60 volunteers, half male and half female, aged between 25 and 42 years. The volunteers represented the following: 20 healthy individuals (controls), 20 seropositive HIV patients (HIV+) suffering from seborrheic dermatitis (DS), 20 seronegative HIV patients (HIV-) also suffering from seborrheic dermatitis.

20 A diet rich in polyunsaturated fatty acids was recommended for the patients suffering from seborrheic dermatitis. At the start of treatment, after 15 days and 30 days after the end of treatment the following parameters were measured for each individual:

25 a) The blood levels of phospholipids-polyunsaturated fatty acids, vitamin E, oxidised and reduced ubiquinone (total ubiquinone);

b) The levels of vitamin E in the lymphocytes;

30 c) Superoxide dismutase (SOD), catalase (CAT) and glutathione peroxidase (GSH-Px) activity in the erythrocytes;

d) The levels of reduced and oxidised glutathione (GSH and GS-SG) in the erythrocytes. The results are shown in the following tables 1 and 2, and exemplified in figures 1, 2, 3, 4, 5, 6, 7, 8 and 9.

From the results it can be observed that:

- 8 -

- vitamin E (in the plasma and in the lymphocytes) increases both in HIV+ and in HIV- patients, and in the controls (see table 1 and figures 1 and 3).

- total ubiquinone (oxidised and reduced) increases significantly in HIV+ patients. Less significant increases can also be seen in HIV- patients and in the controls (see table 1 and figure 2).

- The reduced glutathione increases significantly in HIV+ patients. Less significant increases are also found in HIV- patients and in the controls (see table 1 and figure 4).

- The glutathione peroxidase increases in HIV+ and HIV- patients. It remains stable in the controls (see table 1 and figure 5).

- The palmitic acid decreases significantly in HIV+ and HIV- patients. It remains stable in the controls (see table 2 and figure 6).

- The diomo-gamma-linolenic, arachidonic and docohexaenoic acids increase significantly in HIV+ and HIV- patients. They remain stable in the controls (see table 2 and figures 7, 8 and 9).

#### Example 4

In the present example the effect of the administration of a variable daily quantity of pills (according to individual needs) of the following qualitative composition at a certain number of patients better specified in the following.

The composition is the following:

Ubiquinone	mg 12.50
RRR- $\alpha$ -tocopheryl acetate 50%	mg 26.65
Soy lecithin	mg 90.00
Selenium aspartate	mg 6.25
L-methionin	mg 50.00
Other excipients to make	g 1.50

The pills have been administered daily during the meals for one month to fifty volunteers males aged between 33 and 55 years. The volunteers were civil aviation

- 9 -

pilots in service. The pilots have been chosen in order to evaluate the effect of the composition according to the present invention on patients whose work and lifestyle is known to provoke stress. For each individual  
5 at the beginning and after ninety days of treatment, the following parameters have been evaluated; as a control the values obtained on the control group analyzed at zero time and made up of healthy individuals have been chosen:

- a) The plasma levels of phospholipids-  
10 polyunsaturated fatty acids, of vitamin E, of oxidised and reduced ubiquinone (total ubiquinone);
- b) The lymphocyte levels of vitamin E;
- c) The activity in the erythrocytes of glutathione peroxidase (GSH-PX);
- 15 d) The levels in the erythrocytes of reduced and oxidised glutathione (GSH and GS-SG).

From the obtained results exemplified in figures 10, 11, 12, 13, 14 and 15, it may be observed, at least at qualitative level, that:

20 vitamin E (in blood plasma and lymphocytes) increases in comparison with the control group (see figures 10 and 12);

the total ubiquinone (oxidised and reduced) significantly increases in comparison with the control  
25 group (see figure 11);

the reduced glutathione significantly increases in comparison with the control group (see figure 13);

the glutathione peroxidase increases in comparison with the control group (see figure 14); and

30 the arachidonic acid significantly increases in comparison with the control group (see figure 15).

**Table 1**  
Hematic levels of antioxidants in controls and in HIV+ and HIV- patients suffering from seborrheic dermatitis before, during and after treatment with the composition according to the present invention.

The results are expressed as an average  $\pm$  SD

\*  $p < 0.001$  vs controls at  $t=0$

°  $p < 0.01$  vs controls at  $t=0$

Antioxidants	CONTROLS (No=20)			HIV+ (No=20)			HIV- (No=20)		
	t=0d	t=15 d	t=30 d	t=0d	t=15 d	t=30 d	t=0d	t=15 d	t=30
PLASMA									
Vit. E ( $\mu\text{g/ml}$ )	11.3 $\pm$ 1.9	15.6 $\pm$ 2.8*	19.4 $\pm$ 4.1*	7.9 $\pm$ 2.6*	11.9 $\pm$ 2.7	15.5 $\pm$ 5.3*	9.3 $\pm$ 1.4*	14.7 $\pm$ 2.2°	16.5 $\pm$ 3
CoQ10H2 ( $\mu\text{g/ml}$ )	0.48 $\pm$ 0.11	0.66 $\pm$ 0.09*	0.75 $\pm$ 0.15*	0.08 $\pm$ 0.10*	0.15 $\pm$ 0.09*	0.21 $\pm$ 0.11*	0.35 $\pm$ 0.09*	0.45 $\pm$ 0.12	0.56 $\pm$ 0
CoQ10 ( $\mu\text{g/ml}$ )	0.43 $\pm$ 0.10	0.47 $\pm$ 0.08	0.55 $\pm$ 0.08*	0.32 $\pm$ 0.10°	0.44 $\pm$ 0.13	0.74 $\pm$ 0.14*	0.48 $\pm$ 0.11	0.60 $\pm$ 0.15	0.50 $\pm$ 0
LYMPHOCYTES									
Vit. E ( $\mu\text{g/ml}$ blood)	75 $\pm$ 21	88 $\pm$ 27	105 $\pm$ 35*	48 $\pm$ 19*	53 $\pm$ 19°	59 $\pm$ 22	60 $\pm$ 15°	70 $\pm$ 23	86 $\pm$ 28
ERYTHROCYTES									
GSH ( $\mu\text{g/ml}$ blood)	270 $\pm$ 98	285 $\pm$ 90	297 $\pm$ 88	185 $\pm$ 66*	212 $\pm$ 18°	230 $\pm$ 70	240 $\pm$ 89	266 $\pm$ 61	283 $\pm$ 74
GS-SG ( $\mu\text{g/ml}$ blood)	23 $\pm$ 14	26 $\pm$ 12	30 $\pm$ 11	34 $\pm$ 15	30 $\pm$ 14	32 $\pm$ 23	26 $\pm$ 12	28 $\pm$ 10	27 $\pm$ 14
SOD (U/g Hb)	676 $\pm$ 141	66' $\pm$ 150	645 $\pm$ 178	919 $\pm$ 290*	905 $\pm$ 180*	891 $\pm$ 167*	710 $\pm$ 127	688 $\pm$ 141	692 $\pm$ 14
CAT (U/mg Hb)	280 $\pm$ 33	275 $\pm$ 40	285 $\pm$ 38	298 $\pm$ 31	303 $\pm$ 42	314 $\pm$ 46	275 $\pm$ 41	293 $\pm$ 26	291 $\pm$ 33
GSH-Px (U/g Hb)	708 $\pm$ 185	680 $\pm$ 166	720 $\pm$ 187	303 $\pm$ 200*	346 $\pm$ 188*	385 $\pm$ 196*	498 $\pm$ 126*	503 $\pm$ 163*	608 $\pm$ 14

Table II

Fatty acids (%) of plasma phospholipids in controls and in HIV+ and HIV- patients suffering from seborrheic dermatitis, before, during and after treatment with the composition according to the present invention. Each result is expressed as an average  $\pm$  SD

\*  $P < 0.001$  vs controls at  $t=0$

°  $P < 0.01$  vs controls

Fatty acids	CONTROLS (No=20)			HIV+ (No=20)			HIV- (No=20)		
	t=0d	t=15 d	t=30 d	t=0d	t=15 d	t=30 d	t=0d	t=15 d	t=30 d
C16:0	26.8 $\pm$ 1.4	26.0 $\pm$ 2.1	26.2 $\pm$ 2.3	30.0 $\pm$ 2.1°	29.6 $\pm$ 2.6°	27.7 $\pm$ 2.6	28.5 $\pm$ 2.4	28.2 $\pm$ 3.0	26.4 $\pm$ 2.5
C18:0	15.9 $\pm$ 1.7	14.2 $\pm$ 1.9	15.0 $\pm$ 1.8	18.8 $\pm$ 2.7°	18.6 $\pm$ 4.0°	16.4 $\pm$ 3.1	18.0 $\pm$ 2.6	17.0 $\pm$ 2.4	15.8 $\pm$ 2.7
C18:1	13.1 $\pm$ 2.2	14.3 $\pm$ 2.0	13.9 $\pm$ 1.7	15.8 $\pm$ 2.6°	14.8 $\pm$ 3.1	14.3 $\pm$ 2.5	15.0 $\pm$ 3.3	14.6 $\pm$ 2.8	114.3 $\pm$ 2.0
C18:2 n-6	25.3 $\pm$ 2.3	24.8 $\pm$ 3.1	24.6 $\pm$ 3.4	23.9 $\pm$ 5.2	23.5 $\pm$ 2.5	24.0 $\pm$ 3.2	24.1 $\pm$ 6.1	24.0 $\pm$ 3.2	24.5 $\pm$ 3.0
C20:3 n-6	3.9 $\pm$ 0.6	3.8 $\pm$ 1.0	3.7 $\pm$ 0.8	1.9 $\pm$ 0.1*	2.0 $\pm$ 0.5*	2.9 $\pm$ 0.7°	2.3 $\pm$ 0.5*	2.6 $\pm$ 0.7*	3.3 $\pm$ 1.1
C20:4 n-6	12.7 $\pm$ 1.8	12.4 $\pm$ 1.5	12.2 $\pm$ 1.8	7.7 $\pm$ 2.8	8.4 $\pm$ 2.5*	10.9 $\pm$ 1.5°	9.5 $\pm$ 2.4*	10.3 $\pm$ 1.6*	12.3 $\pm$ 1.7
C22:6 n-3	3.8 $\pm$ 0.9	3.5 $\pm$ 0.7	3.4 $\pm$ 0.7	1.4 $\pm$ 0.1*	1.8 $\pm$ 0.4*	2.6 $\pm$ 0.5*	1.8 $\pm$ 0.6*	2.2 $\pm$ 0.8*	3.1 $\pm$ 0.9
others	1.2	1.0	1.0	0.5	1.3	1.2	0.8	0.9	0.5

- 12 -

## BIBLIOGRAPHY

1. HALLIWELL B., GUTTERIDGE J.M.C.: Free radicals in Biology and Medicine, 2<sup>nd</sup>. Ed. Oxford Univ. Press  
5 (Clarendon), Oxford, 1989.
2. GUTTERIDGE J.M.C., HALLIWELL B.: Antioxidant in nutrition, health and disease, Oxford Univ. Press, Oxford New York Tokyo, 1994.
3. FREI B., KIM M.C., AMES B.N., Ubiquinol-10 is an  
10 effective lipid soluble antioxidant at physiological concentrations. Proc. Natl. Acad. Sci- USA 87, 4878, 1990.
4. MOHR D., BOWRY V.W., STOCKER R., Dietary supplementation with coenzyme Q10 results in increased  
15 levels of ubiquinol-10 within circulating lipoproteins and increased resistance of human low-density lipoprotein to the initiation of lipid peroxidation. Biochim. Biophys. Acta 1126, 247, 1992.
5. ERNSTER L., FORSMARK P., NORDENBRAND K.: The mode  
20 of action of lipid-soluble antioxidants in biological membranes: relationship between the effects of ubiquinol and vitamin E as inhibitors of lipid peroxidation in submitochondrial particles. BioFactors 3, 241, 1992.
6. STOCKER R., BOWRY V.W., FREI B.: Ubichinol-10  
25 protects human low density lipoprotein more efficiently against lipid peroxidation than does  $\alpha$ -tocopherol. Proc. Natl. Acad. Sci USA 88, 1646, 1991.
7. KAGAN V., SERBINOVA E., PACKER L.: Antioxidant effects of ubiquinones in microsomes and mitochondria  
30 mediated by tocopherol recycling. Biochem Biophys Res Commun 169, 851, 1990.
8. PASSI S., MORRONE A., PICARDO M., DE LUCA C., IPPOLITO F.: Blood levels of vitamin E polyunsaturated fatty acids of phospholipids, lipoperoxides and  
35 glutathione peroxidase in patients affected with seborrheic dermatitis. J. Dermatol Sci 2, 171, 1991.

-13-

9. PASSI S., PICARDO M., DE LUCA C., MORRONE A.,  
TERMINALI O., IPPOLITO F.: Blood levels of vitamin E  
polyunsaturated fatty acids of phospholipids and  
glutathione peroxidase activity in patients with atopic  
5 dermatitis. In: Immunological and Pharmacological  
aspects of atopic and contract eczema. J.M.  
Czernielewski ed. Pharmacology and the Skin, vol. 4, 173,  
1991.
10. PASSI S., PICARDO M., MORRONE A., DE LUCA C.,  
10 IPPOLITO F., ROSSI L., ROTILIO G.: Study on plasma  
polyunsaturated phospholipids and vitamin E and on  
erythrocyte glutathione peroxidase in high risk HIV  
infection categories and AIDS patients, Clin Chem &  
Enzimol Comm 5, 169, 1993.
- 15 11. PASSI S.: Biochemical aspects of seborrheic  
dermatitis. Boll Ist Dermatologico S. Gallicano, vol.  
XIV, 19, 1994.
12. PASSI S., IPPOLITO F.: AIDS nuova frontiera,  
Lombardo editore, 1995.
- 20 13. TAKADA M., IKENOYA S., YUZURIHA R., KATAYAMA K.:  
Simultaneous determination of reduced and oxidised  
ubiquinol, Methods Enzymol. 105, 147, 1984.
14. REED D.J., BABSON J.R., BEATTY P.W., BRODIE  
A.E., ELLIS W.W., POTTER D.W.: High performance liquid  
25 chromatography analysis of nanomole levels of glutathione  
disulphide and related thiols and disulphides. Annal  
Biochem 106, 55, 1980.
15. L'ABBE' M.R., FISCHER P.W.F.: Automated assay of  
superoxide dismutase in blood. Methods Enzymol 186, 232,  
30 1990.
16. PAGLIA D.E., VALENTINE U.N.: Studies on  
quantitative and qualitative characterization of  
erythrocyte glutathione peroxidase. J. Lab. Clin. Med.  
70, 158, 1967.
- 35 17. AEBI H.: catalase in vitro. Methods Enzymol.  
105, 121, 1984.

- 14 -

18. RISS G., KORSMANA A.W., GLINZ E., WALTHER W.,  
RANAIDER U.B.: Separation of the eight stereoisomers of  
all- $\alpha$ -tocopherol from tissues and plasma chiral phase  
high performance liquid chromatography and capillary gas  
5 chromatography. Methods Enzymol 234, 302, 1994.
19. JAYARAMAN J., RAMASARMA F.: Intracellular  
distribution of coenzyme Q in rat liver. Arch Biochem  
Biophys 103, 258, 1963.
20. KALEN A., NORLING B., APPELKVIST E.L., DALLNER  
10 G.: Ubiquinone biosynthesis by the microsomal fraction  
from rat liver. Biochim Biophys Acta 926, 70, 1987.
21. CRANE F.L., MORRE' D.J.: Evidence for coenzyme Q  
function in Golgi membranes, In: Folkers K. and Yamamura  
Y. Biomedical and clinical aspects of coenzyme Q. vol. 1.  
15 Elsevier, Amsterdam 3-14, 1977.
22. HAMSEN A.E.: Serum lipids in eczema and other  
pathological conditions, Am J. Dis Child 53, 933, 1937.
23. Vitamin E.: biochemical, haematological and  
clinical aspects, Inc. Annals of the New York Academy of  
20 Sciences, Lubin B. and Machlin L.S. eds, vol. 393, 1982.
24. CUTLER R.G.: Antioxidants, ageing, and  
longevity. In: Free Radicals in Biology, Edited by Pryor  
A.W., Academic Press, New York-London, 371, 1984.
25. BENEDICH A.: Antioxidant vitamins and immune  
25 responses, In: Nutrition and Immunology, edited by  
Chandra R.K. Liss, New York, 125, 1988.
26. BENEDICH A., GABRIEL E., MACHIIN I.I.: Dietary  
vitamin E requirement for optimum immune response in rat.  
J. Nutr 116, 675, 1986.
- 30 27. CORWIN L.M., GORDON R.K.: Vitamin E and immune  
regulation. Ann NY Acad Sci 393, 437, 1982.
28. MEYDANI S.N., MEYDANI M., VERDON C.P. et al.:  
Vitamin E supplementation suppresses prostaglandin E  
synthesis and enhances the immune system of aged mice.  
35 Mech Ageing De, 34, 192, 1986.
29. INFANTE J.P.: Vitamin E and selenium  
participation in fatty acid desaturation. A proposal for



-15-

an enzymatic function of these nutrients. Molec. Cell Biochem. 69, 93, 1986.

30. CUTLER E.G. In: Free radicals in biology (W.A. Pryor, Ed.), vol. VI, 371, Academic Press, New York, 5 1984.

- 16 -

CLAIMS

1. A composition characterised by the fact of comprising:

- |    |                               |  |
|----|-------------------------------|--|
|    | Ubiquinone                    | 5-8%                                     |
| 5  | Stabilised vitamin E          | 12-15%                                   |
|    | Polyunsaturated phospholipids | 45-52%                                   |
|    | Organic selenium              | 2-5%                                     |
|    |                               | (corresponding to 0.1-3% ionic selenium) |
| 10 | L-methionin                   | 23-32%                                   |
- along with usual tolerated vehicles, the percentages by weight being expressed as a percentage by weight with reference to the total weight of the active ingredients in the composition.

15 2. A composition for a dietary product characterised by the fact of comprising:

- |    |                               |   |
|----|-------------------------------|---|
|    | Ubiquinone                    | 5-8%                                    |
|    | Stabilised vitamin E          | 12-15%                                  |
|    | Polyunsaturated phospholipids | 45-52%                                  |
| 20 | Organic selenium              | 2-5%                                    |
|    |                               | (corresponding to 0.13% ionic selenium) |
|    | L-methionin                   | 23-32%                                  |
- 25 along with usual pharmaceutically tolerated vehicles, the percentages by weight being expressed as a percentage by weight with reference to the total weight of the active ingredients in the composition.

3. A composition according to claim 1 or 2, characterised in that it contains said polyunsaturated phospholipids in the form of soy lecithin, said organic selenium in the form of selenium aspartate and said stabilised vitamin E in the form of 50% RRR- $\alpha$ -tocopherol acetate.

35 4. A composition according to any of the preceding claims, characterised in that it contains the single components in the following percentages:

- |  |            |        |
|--|------------|--------|
|  | Ubiquinone | 6.74 % |
|--|------------|--------|

-17-

RRR- $\alpha$ -tocopheryl acetate 50%	14.37 %
Soy lecithin	48.54 %
Selenium aspartate	3.37 %
L-methionin	26.97 %

5 along with the usual tolerable vehicles, the percentages being expressed as percentages by weight with reference to the total weight of the active components in the composition.

10 5. A composition as claimed in any of the preceding claims, characterised in that it is formulated as a chewable pill.

6. Use of the composition as claimed in any of the claims 1 to 5 for the preparation of a dietary product that is effective in combating oxidative stress and cell  
15 decay.

7. Use of the composition as claimed in any of the claims 1 to 5 for preparation of a dietary product that is effective in the treatment of apoptosis, mutagenesis and carcinogenesis mechanisms, of acquired or congenital  
20 immuno-deficiency mechanisms or other alterations of the immune system, of diseases of myelinic origin or other pathologies deriving from a progressive alteration in the neurotransmission mechanisms, of skin diseases and of cardio-vascular diseases.

25 8. Use of the composition as claimed in any of the claims 1 to 5 for preparation of a dietary product that is of assistance in the treatment of infectious diseases of viral or bacterial origin, and those deriving from other external pathogens, in the treatment of  
30 tuberculosis, in the treatment of leprosy, in the treatment of herpes simplex labialis or genitalis, in the treatment of AIDS, in the treatment of multiple sclerosis, in the treatment of atopic dermatitis and vitiligo, and in vaccination against allergies.

1/15

VITAMIN E IN THE PLASMA

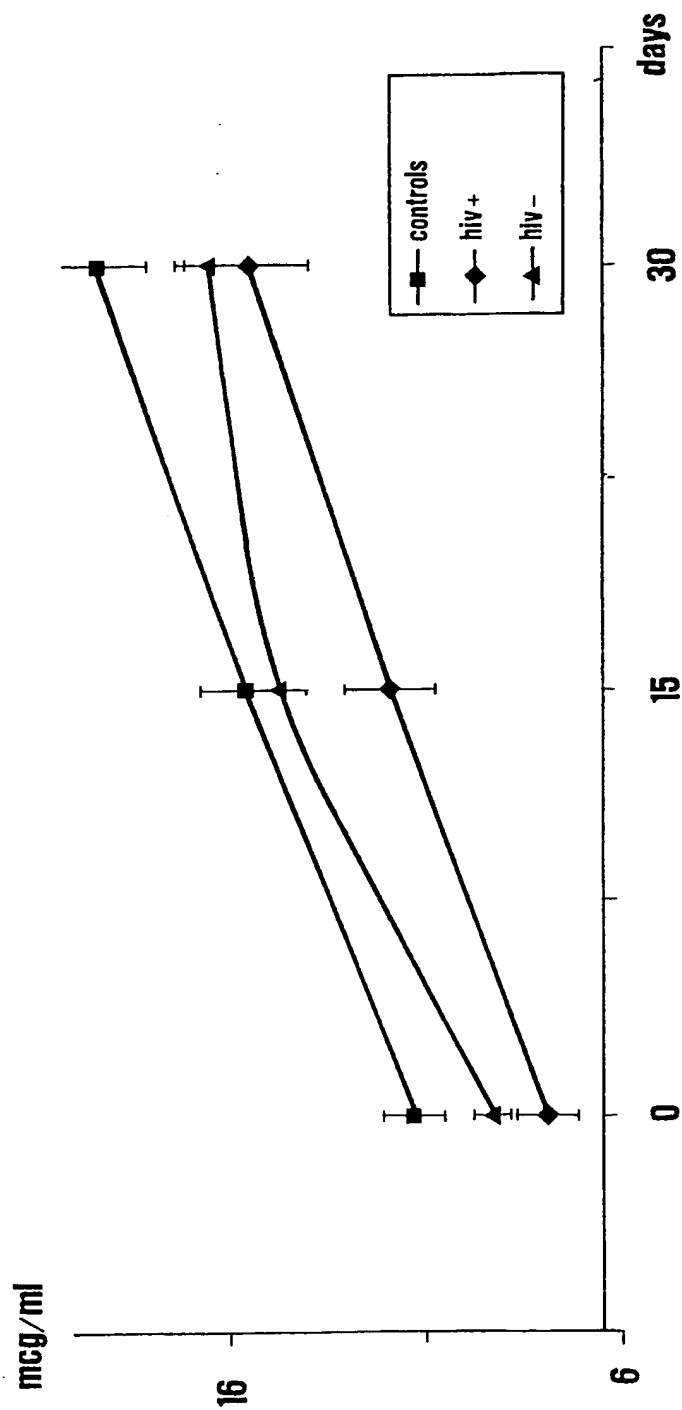


FIG.1

2/15

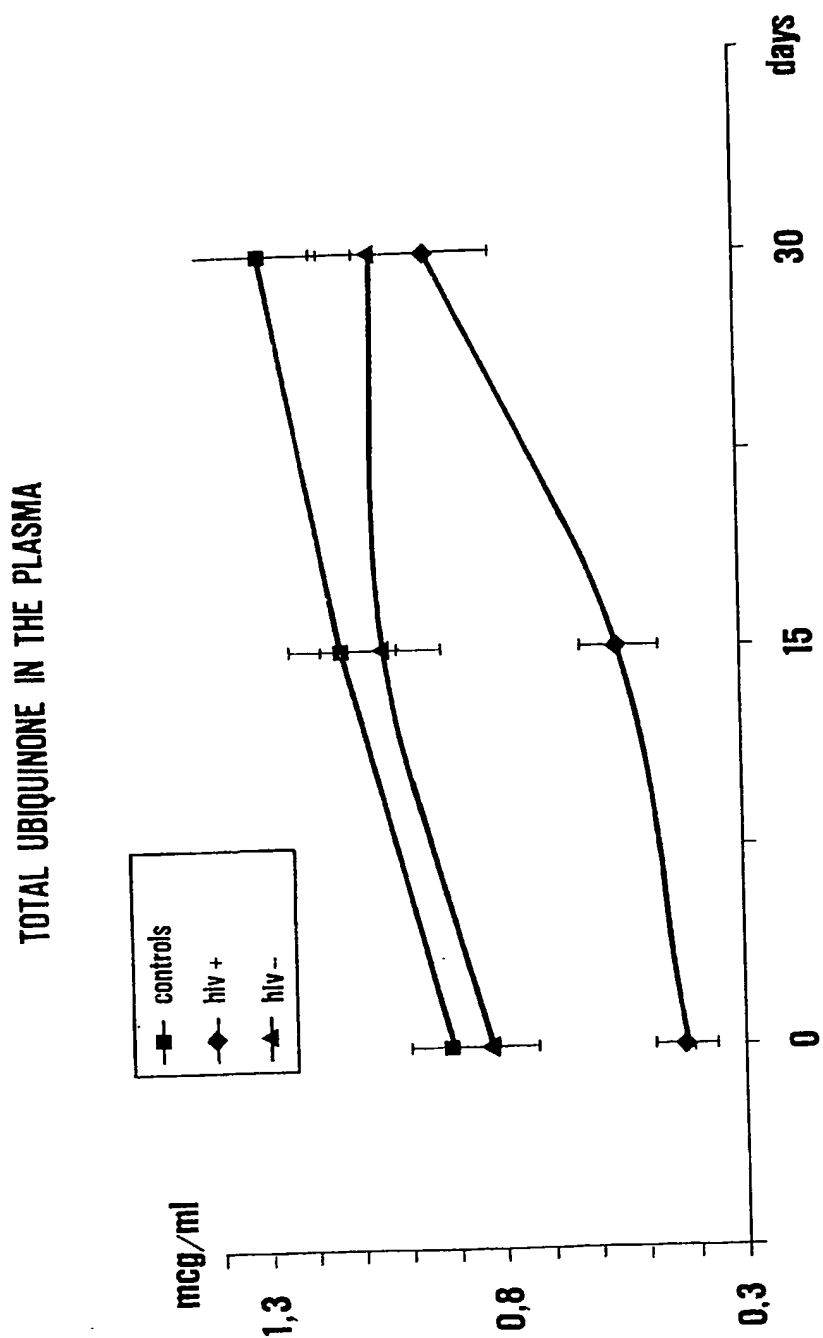


FIG.2

3/15

VITAMIN E IN THE LYMPHOCYTES

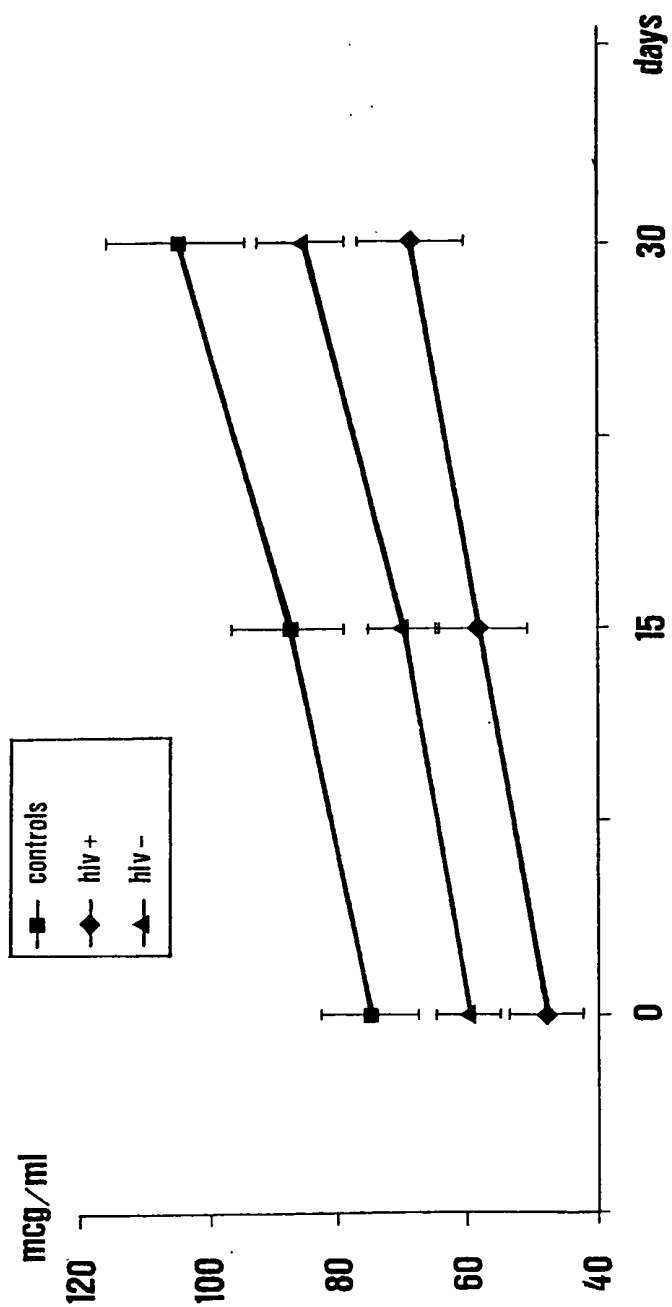


FIG.3

4/15

REDUCED GLUTATHIONE IN THE ERYTHROCYTES

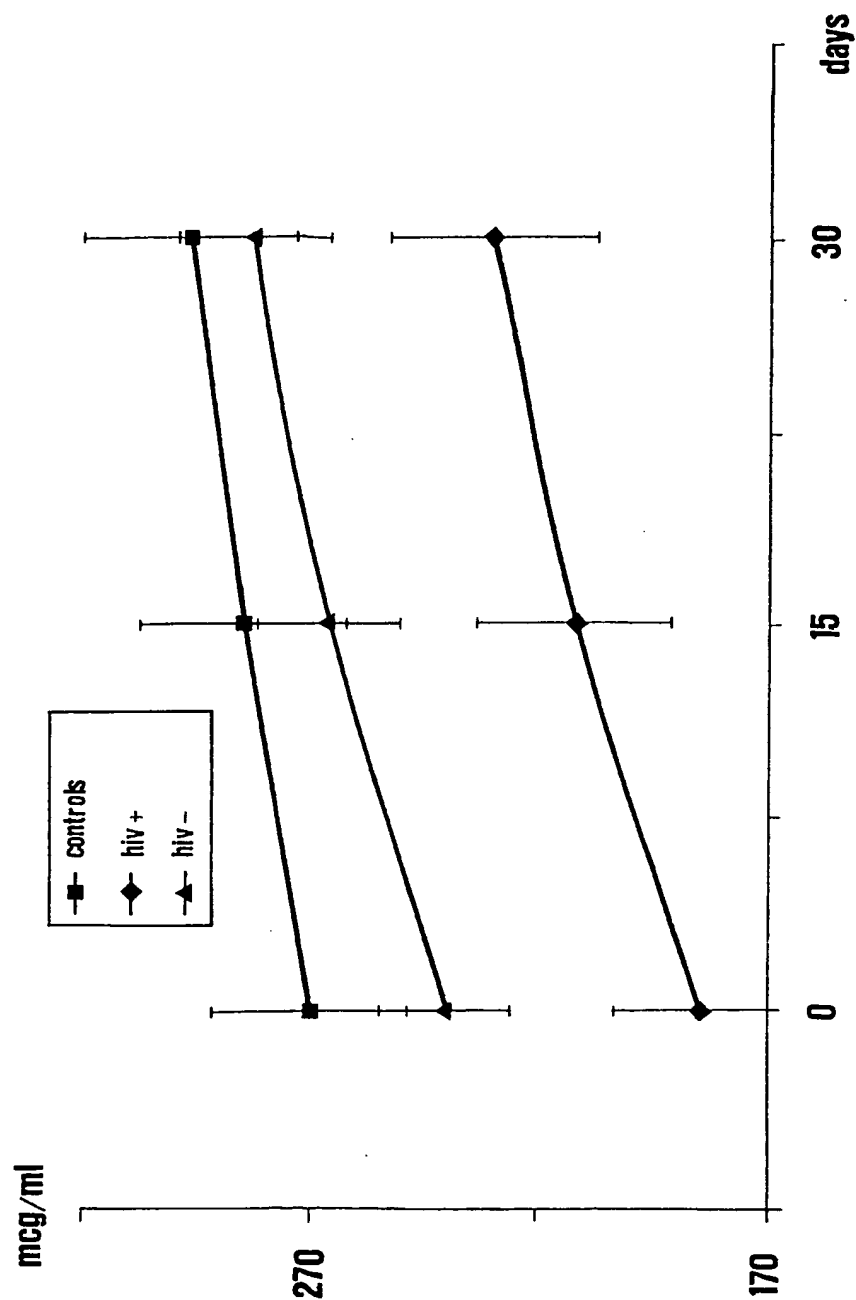


FIG.4

5/15

# GLUTATHIONE PEROXIDASE IN THE ERYTHROCYTES

enzimatic units/gram of hemoglobin

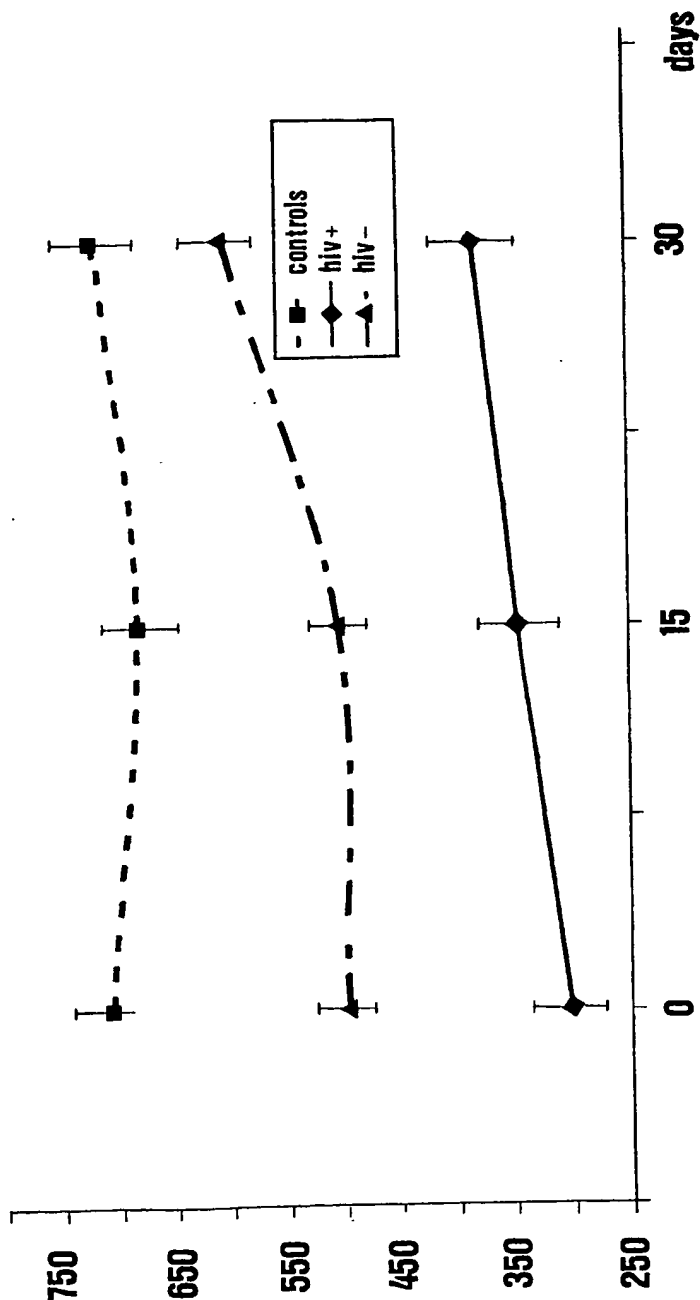


FIG. 5



6/15

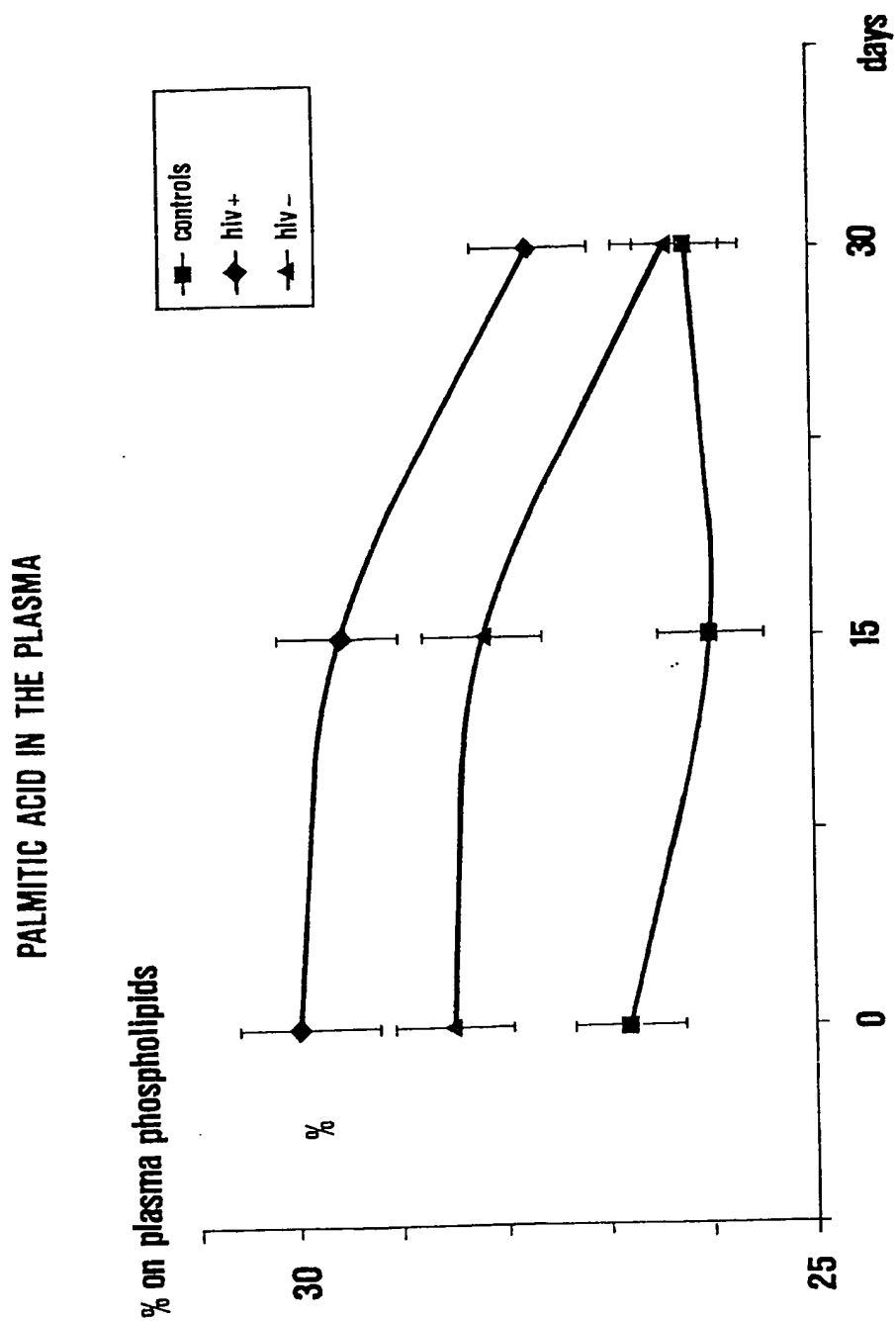


FIG. 6

7/15

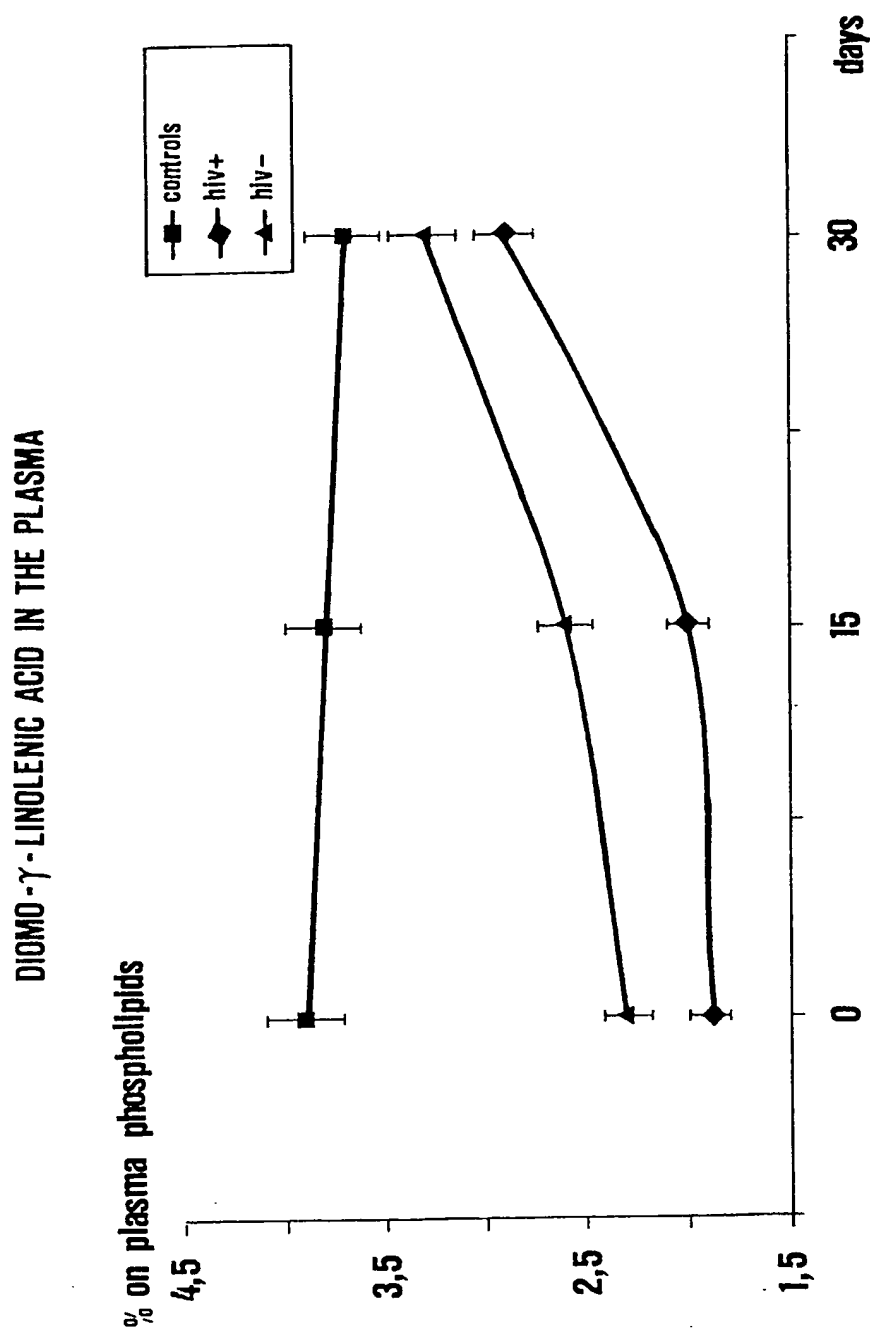


FIG.7

8/15

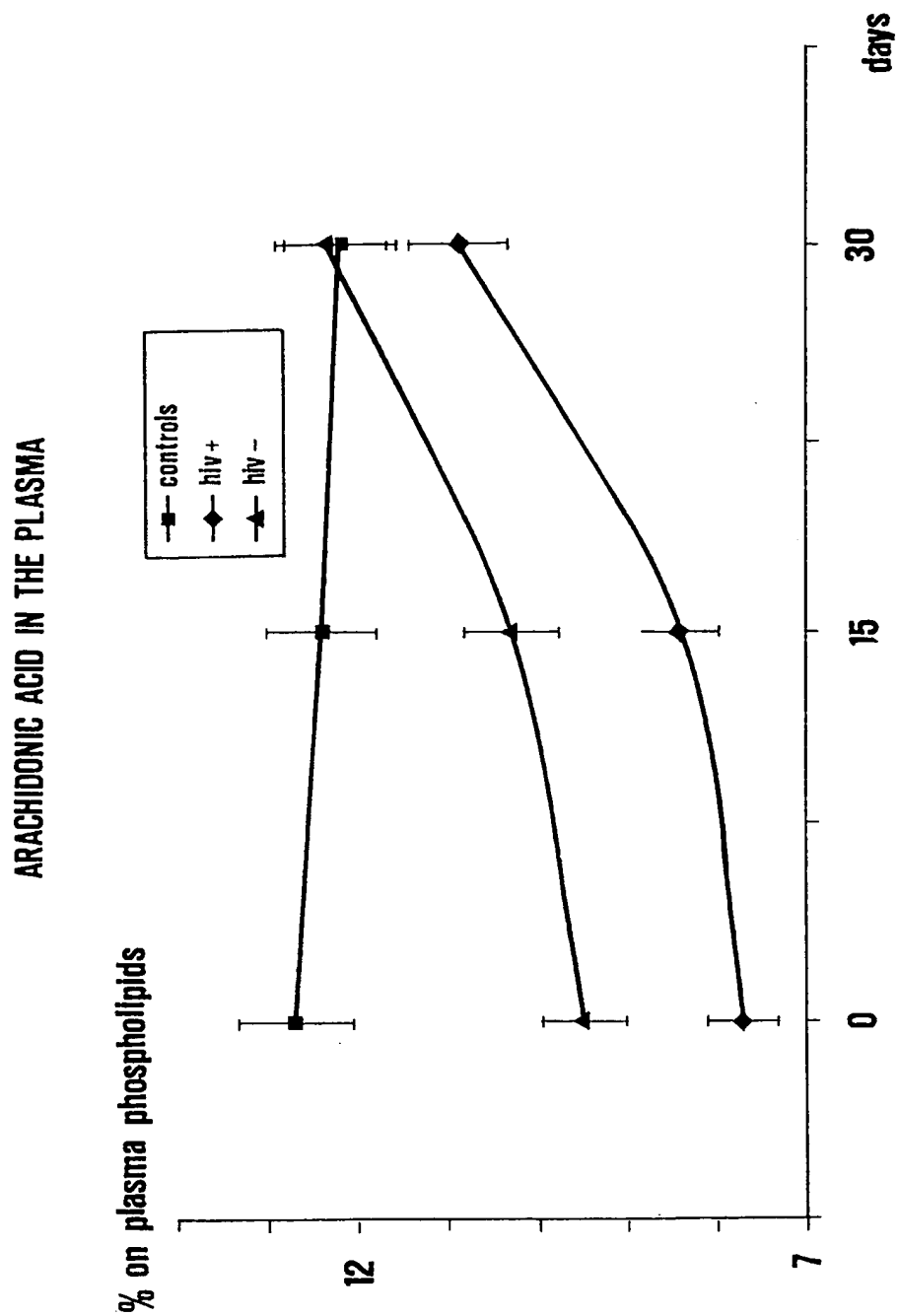


FIG.8

9/15

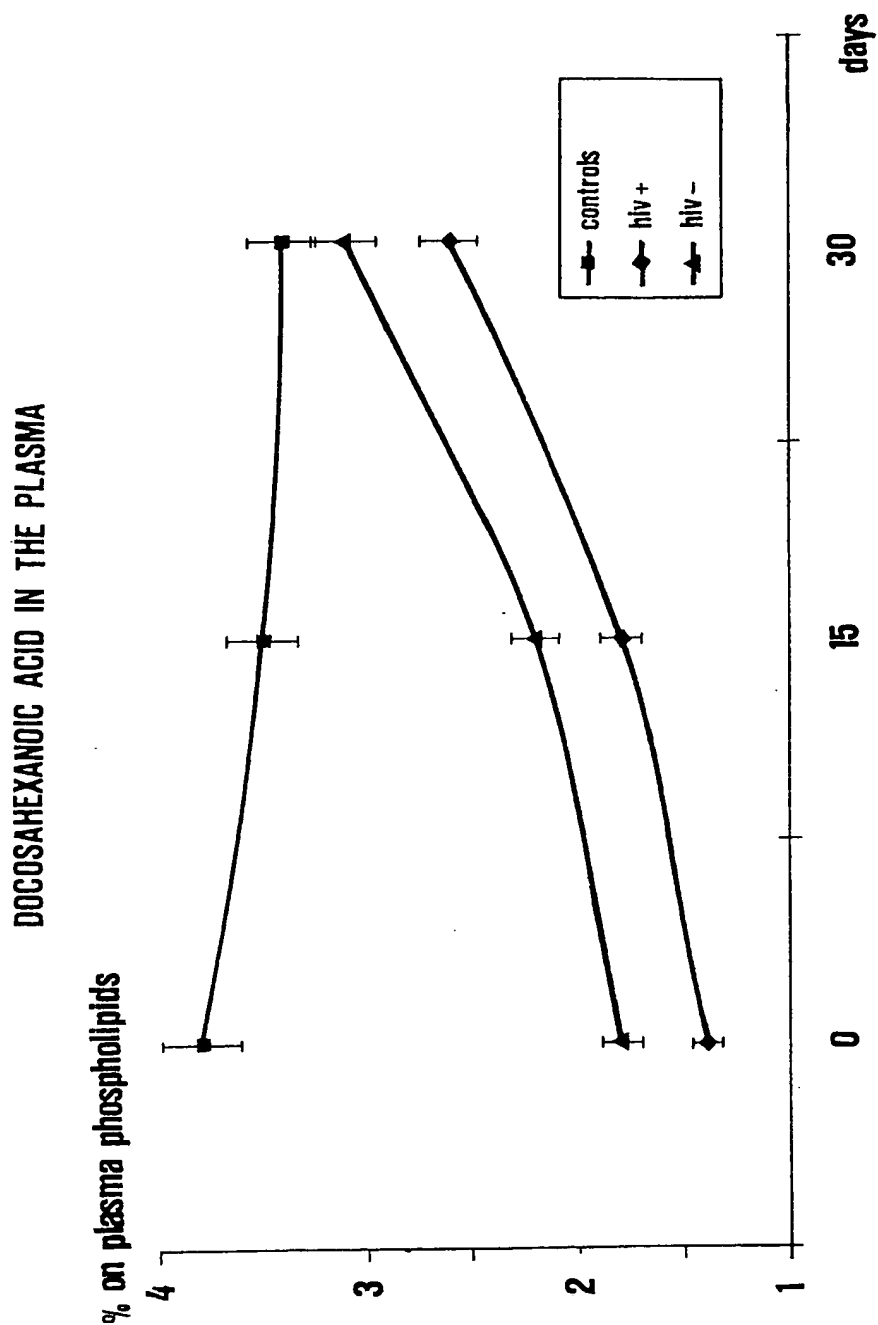


FIG.9

10/15

VITAMIN E IN THE PLASMA

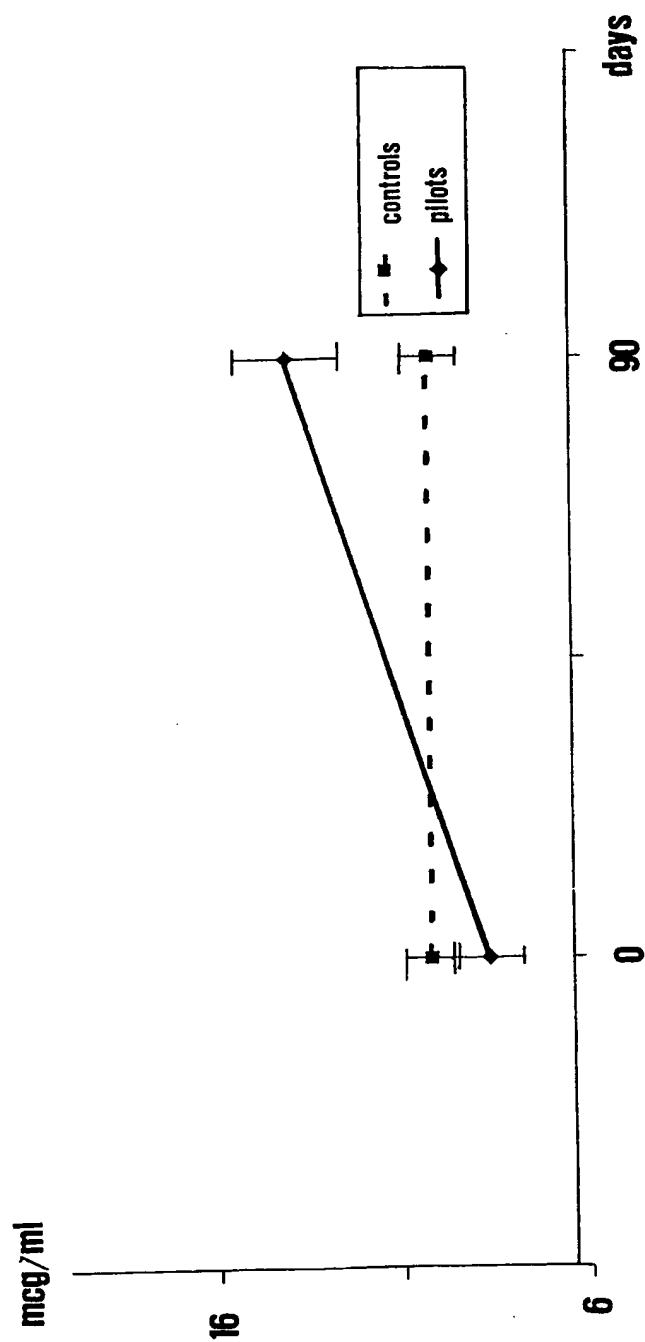


FIG.10

11/15

TOTAL UBIQUINONE IN THE PLASMA

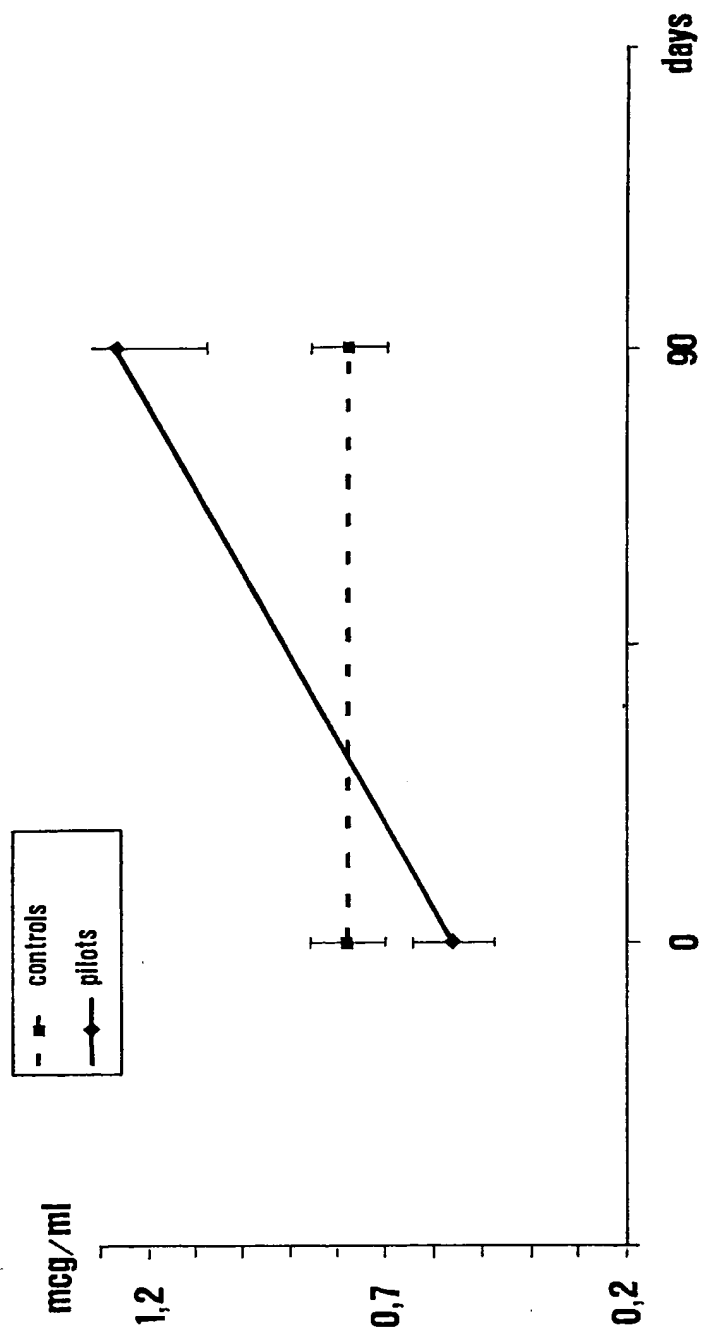


FIG.11

12/15

# VITAMIN E IN THE LYMPHOCYTES

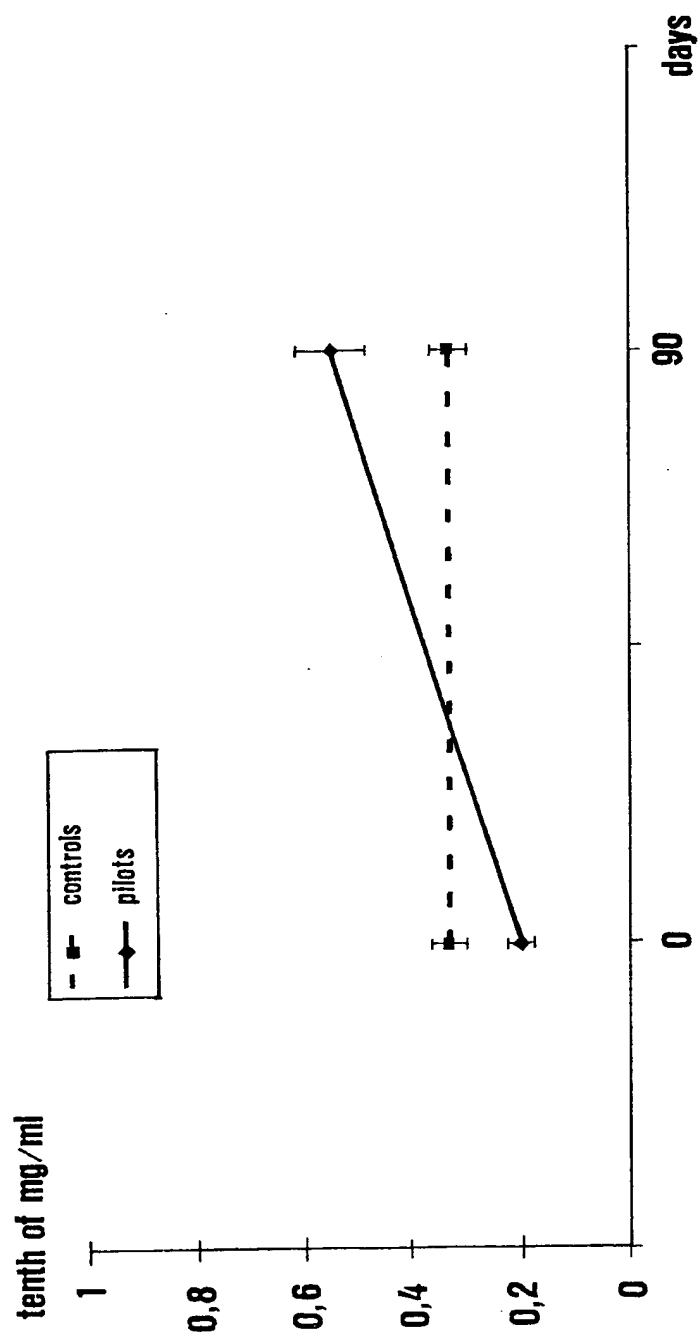


FIG.12

REDUCED GLUTATHIONE IN THE ERYTHROCYTES

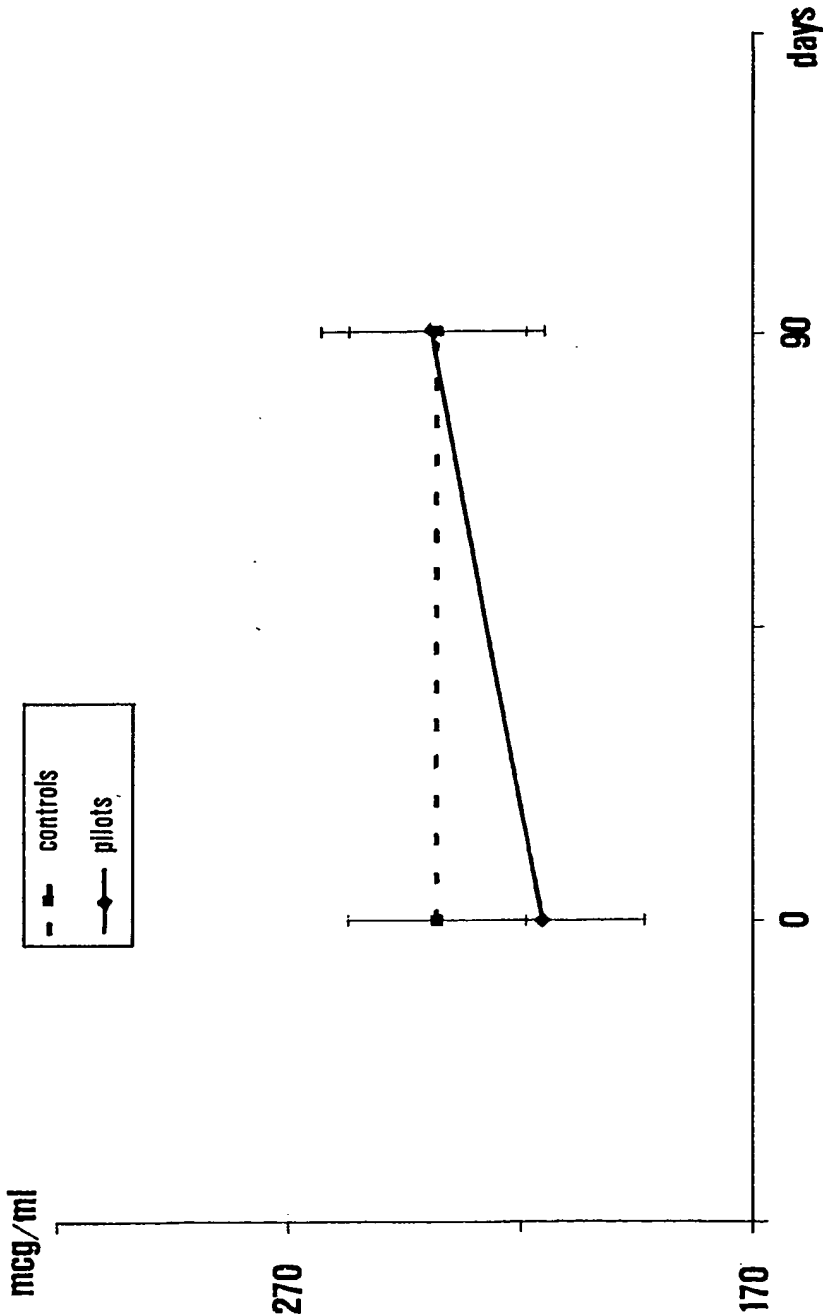


FIG.13



14/15

# GLUTATHIONE PEROXIDASE IN THE ERYTHROCYTES

enzymatic units/gram of hemoglobin

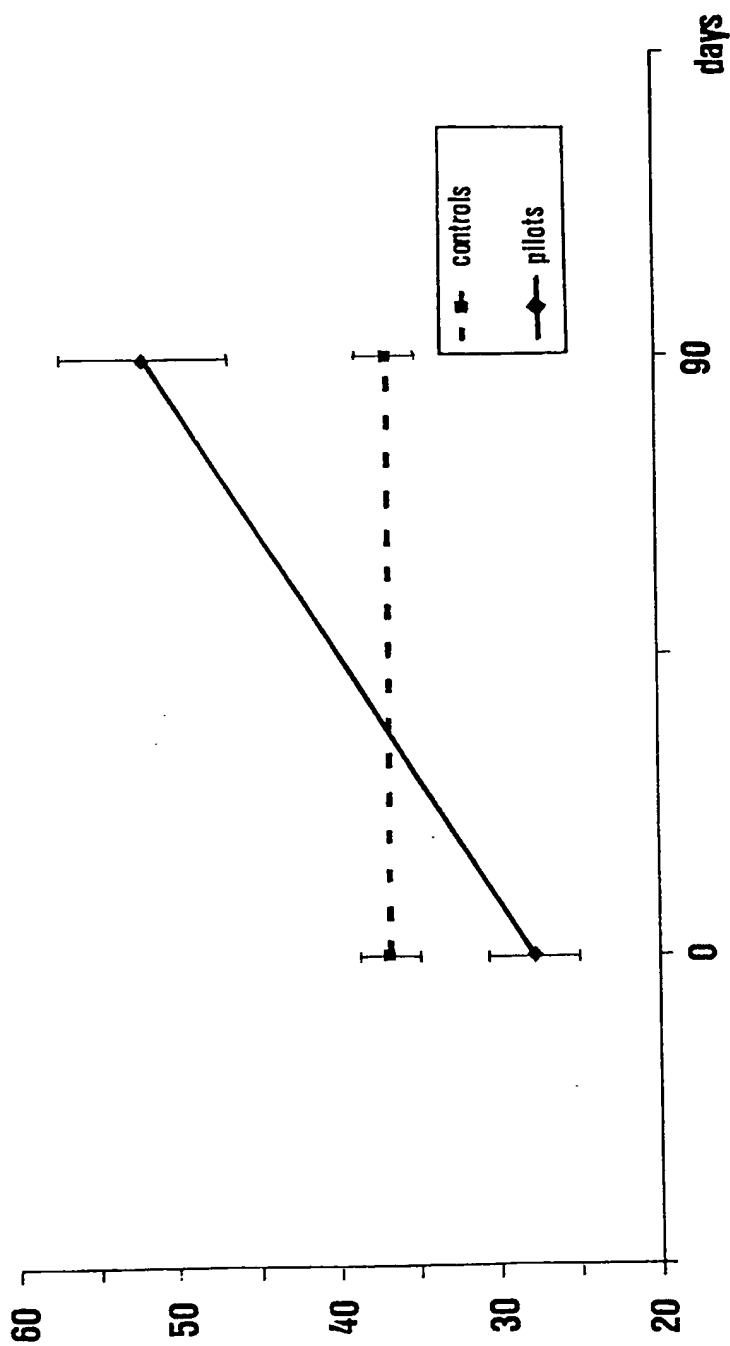
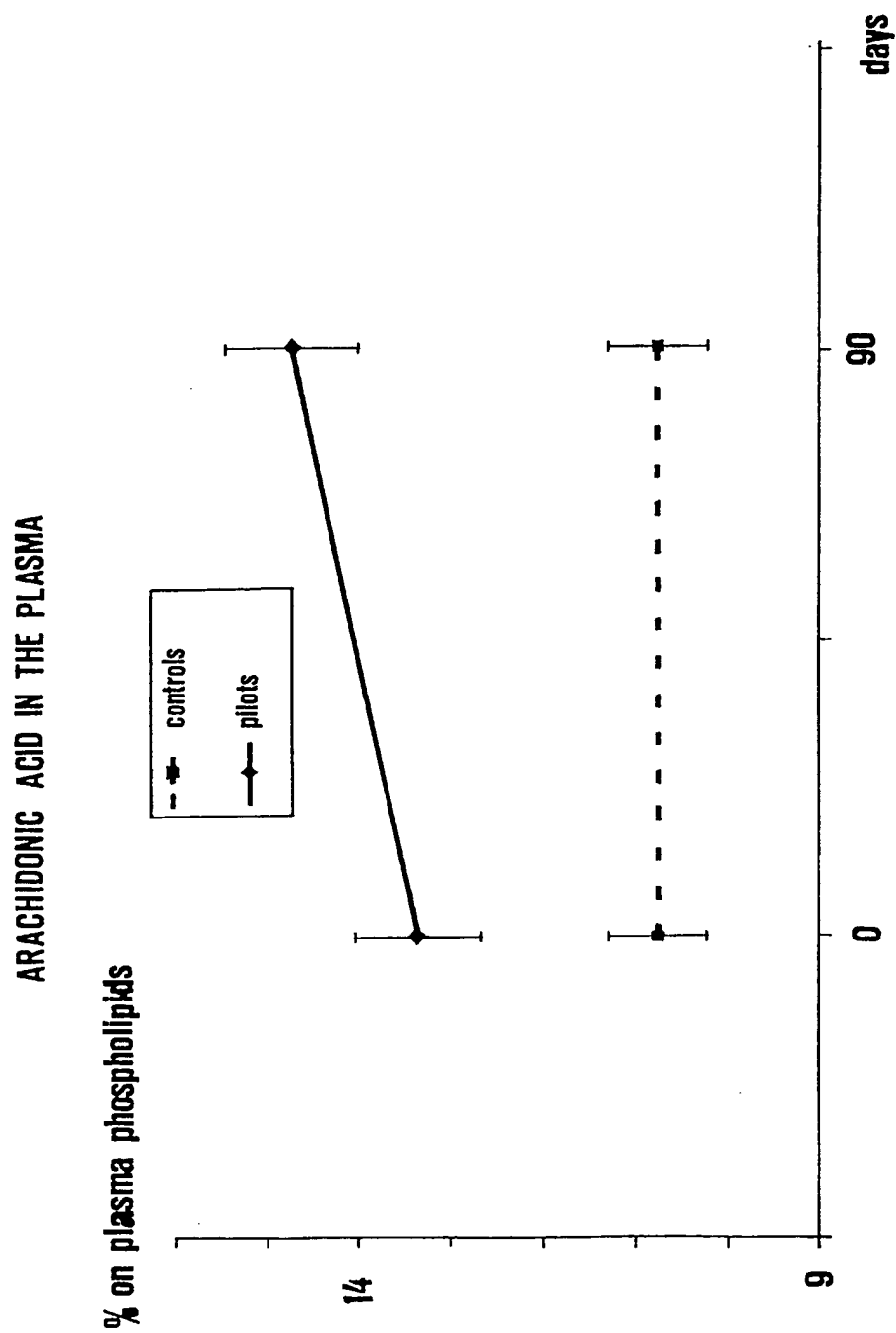


FIG.14

15/15



**FIG.15**

# INTERNATIONAL SEARCH REPORT

International Application No

PCT/IT 98/00015

## A. CLASSIFICATION OF SUBJECT MATTER

IPC 6 A61K31/095 A61K31/355 A61K31/195 A61K31/66

According to International Patent Classification (IPC) or to both national classification and IPC

## B. FIELDS SEARCHED

Minimum documentation searched (classification system followed by classification symbols)

IPC 6 A61K

Documentation searched other than minimum documentation to the extent that such documents are included in the fields searched

Electronic data base consulted during the international search (name of data base and, where practical, search terms used)

## C. DOCUMENTS CONSIDERED TO BE RELEVANT

Category *	Citation of document, with indication, where appropriate, of the relevant passages	Relevant to claim No.
Y	EP 0 519 876 A (ISTITUTI FISIOTERAPICI OSPITAL) 23 December 1992 see page 3, line 1 - line 16	1-8
Y	WO 96 17626 A (RYAN PHARMACEUTICALS INC ;UNIV WASHINGTON (US); CANADA NAT RES COU) 13 June 1996 see page 26, line 1 - line 4	1-8
Y	G.M.Carter, "Index of AIDS Treatments: Nutrients and Vitamins" 'Online!', 1996, Available from Internet: <URL:http://www.critpath.org/aric/rtrp/nutrient.htm>, 08.04.98 XP002064225 see whole document	1-8



Further documents are listed in the continuation of box C.



Patent family members are listed in annex.

### \* Special categories of cited documents :

"A" document defining the general state of the art which is not considered to be of particular relevance

"E" earlier document but published on or after the international filing date

"L" document which may throw doubts on priority claim(s) or which is cited to establish the publication date of another citation or other special reason (as specified)

"O" document referring to an oral disclosure, use, exhibition or other means

"P" document published prior to the international filing date but later than the priority date claimed

"T" later document published after the international filing date or priority date and not in conflict with the application but cited to understand the principle or theory underlying the invention

"X" document of particular relevance; the claimed invention cannot be considered novel or cannot be considered to involve an inventive step when the document is taken alone

"Y" document of particular relevance; the claimed invention cannot be considered to involve an inventive step when the document is combined with one or more other such documents, such combination being obvious to a person skilled in the art.

"G" document member of the same patent family

Date of the actual completion of the international search

7 May 1998

Date of mailing of the international search report

27/05/1998

Name and mailing address of the ISA

European Patent Office, P.B. 5818 Patentlaan 2  
NL - 2280 HV Rijswijk  
Tel. (+31-70) 340-2040, Tx. 31 651 epo nl,  
Fax: (+31-70) 340-3018

Authorized officer

Bendl, E

# INTERNATIONAL SEARCH REPORT

Information on patent family members

Internat Application No

PCT/IT 98/00015

Patent document cited in search report	Publication date	Patent family member(s)	Publication date
EP 0519876 A	23-12-1992	IT 1252717 B US 5290809 A	26-06-1995 01-03-1994
WO 9617626 A	13-06-1996	AU 4510596 A CA 2207093 A EP 0796108 A	26-06-1996 13-06-1996 24-09-1997